



News & Updates

Education beyond the Ordinary

Issue 2016/04A (April)
Sports Day Issue

Inter-House Annual Athletics Meet



10 April 2016

Padang Jubilee

photos
on
the
school
website

Field events: Javelin, Long Jump, Shot Put, Triple Jump and High Jump were carried out in the compound of the school from 30 March to 6 April 2016.

Track events were held at Padang Jubilee on 10 April 2016. The sports meet was graced by the guest of honour, Fr Albert Jacobse, MHM.

Inter-House Annual Athletics Meet



10 April 2016

Padang Jubilee

The school annual inter-house athletics meet was held on 10 April 2016 (Sunday) at the Jubilee Ground from 7.30 am until 12.30 pm. All track events were held on that day.

Field events like high jump, triple jump, long jump, javelin and shot put were held in the school compound and SMK St Joseph from 23 March to 6 April. The sports houses are Blue, Green, Red and Yellow.

The day started with a well-coordinated march pass by eight contingents, namely, the Prefects' Board, Boys' Brigade, Scouts, Red Crescent, and the four sports houses: Blue, Green, Red and Yellow. ►



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Then the state and national anthems were sung while the *Jalur Gemilang*, state and school flags were raised on the flagpoles.

Sr Marie Celine Wee, SSFS and Fr Francis Lim, SJ gave their short speeches, followed by the declaration that the sports event was opened by the guest of honour, Fr Albert Jacobse, MHM. Next, an outstanding state athlete, Duncan Lei Han Wen (F4Arts), read the athletes' oath. Thus, the games began with the enthusiasm of many of the athletes. ►

Most exciting were the 100 meter and 4 X 100 meter relay races in both the girls and boys categories, notably among the higher forms. The various house supporters cheered loudly for their athletes, including using drums made from plastic pails.

Primary One and Two students had their fair share of excitement in the fun games where they had to go through various hurdles, like walking on wooden beams, walking through hula hoops and throwing shuttlecocks over a metal fence.

Red Crescent members attended to those who fainted or had muscle cramps while the Scouts helped with the sending of race results to the secretariat. Various students also helped in the duties assigned to them.

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Cor Amoris Charity Club members sold ice-pops to raise money for their club activities. It was quite a hit because of the hot weather.

Free Milo drinks were also distributed by Nestle through their personnel in a Milo truck.

The overall house champion was Yellow House. The boys house champion was Blue House, while the girls house champion was Yellow House. ○

Inter-House Annual Athletics Meet



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Overall House Champion Sum of Points

YELLOW	613.5
BLUE	563.5
GREEN	496.0
RED	472.0

Boy House Champion

Blue	288.5
Yellow	271.5
Green	267.0
Red	224.0



Girl House Champion

Yellow	342.0
Blue	275.0
Green	229.0
Red	224.0



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Summary of points for all events

Girls

Event	RED	GREEN	BLUE	YELLOW
HIGH JUMP	19.0	28.5	20.0	38.5
LONG JUMP	30.0	40.0	39.0	45.0
TRIPLE JUMP	19.0	20.0	22.0	27.0
SHOT PUTT	26.0	21.5	39.0	44.5
1500M	7.0	5.0	3.0	7.0
50M	16.0	16.0	7.0	31.0
100M	37.0	29.0	49.0	39.0
400M	19.0	17.0	24.0	28.0
4X100M	44.0	40.0	42.0	50.0
JAVELIN	7.0	12.0	30.0	32.0

Boys

Event	RED	GREEN	BLUE	YELLOW
HIGH JUMP	17.0	30.0	35.5	27.5
LONG JUMP	32.0	33.0	51.0	38.0
TRIPLE JUMP	18.0	10.0	32.0	28.0
SHOT PUTT	31.0	45.0	29.0	27.0
1500M	7.0	10.0	5.0	0.0
50M	9.0	26.0	5.0	22.0
100M	41.0	36.0	36.0	41.0
400M	28.0	16.0	25.0	19.0
4X100M	48.0	40.0	48.0	44.0
JAVELIN	17.0	21.0	22.0	25.0

High Spirited

by Sushil Pubalan
(F 5 Sc Phi)



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The sun had barely risen when the crowd started to flock Jubilee Ground for SJPS's 5th Annual Sports Day on Sunday, 10th of April. There was excitement in the air, perhaps particularly so for the graduating students in Form 5. Even the usually calm Mr Paul Voon was visibly pumped up for the meet. Before the events started, I got the chance to interview this year's quarantine master. When asked about his feelings on the day and the actual role of a quarantine master, he replied, "Oh, sure I'm excited. For today, I'm just making sure that all the athletes are in the quarantine area so that they will not miss their events."

High Spirited
by Sushil Pubalan
(F 5 Sc Phi)

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It wasn't just the teachers who were excited. Dave Santang from 5 Science Theta described the morning as beautiful and he was delighted to see that all the participants were hyped and ready to give it their all.

The morning kick started with the march past. This best contingent was the School Board of Prefects. Debuting their brand new Prefect's shirt, they looked immaculate as they moved as a coordinated unit under the command of Cheryl Ann Teng from 5 Science Phi. ►

High Spirited

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(F 5 Sc Phi)

After that the events started and record after record was broken. The athletes really upped their game this year. The highlight of the day was the final event: the U-18 Boys 4x100m. All eyes were on the Blue Team as Tristan Foo, Ivan Liew, Dylan Teo and Joshua Tami sought to defend the medal they won the year before. They didn't start on the best note. For the first half of the race, it looked as if the Yellow Team would break their dominance. But the moment Joshua got the baton in the last leg of the race; one knew he was going to do something special. In the nick of time he overtook all the other runners and claimed the gold medal for the team. It shouldn't be a surprise as he won the gold medal for the 100m event for 5 years in a row now. ▶

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High Spirited

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So the day ended with the announcement of the best athletes and overall best sports house. Once again Yellow House won (for the third time running). Blue House finished as runner-ups, Green House as second runner-ups and Red House finishing fourth.

The sun blazed in high noon when everyone dispersed, matching the fiery school spirit and sportsmanship. It was indeed a day to remember. ○

Best Athlete - Boys

GROUP	Name	Number	Event	Position	New Record
12	JAPHETH NGUI YONG ZI	B320	12 - 100 M - BOYS U-12	2	16.6 ()
			49 - Long Jump - BOYS U-12	1	3.74 NR -PY3.36
			61 - High Jump - BOYS U-12	1	1.27 ()
13	MAXWELL SIM TSYH YINN	106	17 - 100 M - BOYS U-13	3	14.9 ()
			73 - HIGH Jump - BOYS U-13	1	1.35 NR PY1.32
14	JOSHUA NGIENG JIUN ONG	341	64 - Triple Jump - BOYS U-14	3	9.39 ()
			84 - LONG Jump - BOYS U-14	1	4.44 ()
15	CLEMENT GOH JIA YANG	317	02 - 1500 M - BOYS – OPEN	2	5.35.88 NR PY5.36.7
			19 - 100 M – BOYS U-15	1	12.8 ()
			31 - 400 M - BOYS U-15	1	1.01.8 ()
			89 - HIGH JUMP - BOYS U-15	2	1.48 ()
18	DUNCAN LEI HAN WEN	435	66 - LONG JUMP - BOYS U-18	1	5.85 NR PY5.18
			80 - TRIPLE JUMP - BOYS U-18	1	12.48 NR PY12.03
			90 - HIGH JUMP - BOYS U-18	1	1.73 NR PY1.58

Best Athlete - Girls

GROUP	Name	Number	Event	Position	New Record
12	RACHEL CHUA YA WEN	B314	10 - 100 M - GIRLS U-12	1	17 NR PY18.4s
			51 - SHOT PUTT - GIRLS U-12	1	5.03 NR -PY4.66
			54 - Long Jump-GIRLS U-12	2	2.53 ()
13	EMILIE NARA ZI YI JABU	486	13 - 100 M - GIRLS U-13	1	15.7 ()
			71 - Triple Jump-GIRLS U-13	1	8.1 NR PY7.76
			81 - HIGH Jump-GIRLS U-13	1	1.29 NR PY 1.15
14	KIARA CHIN SHIN YEE	263	46 - JAVELIN - GIRLS U-14	1	17.73 ()
			68 - SHOT PUTT - GIRLS U-14	2	6.9 NR PY6.54
			82 - HIGH Jump - GIRLS U-14	1	1.26 NR PY1.20
15	CHERYL LIM WOON YEE	476	01 - 1500 M - GIRLS - OPEN	1	6.2 NR PY6.35
			27 - 400 M - GIRLS U-15	1	1.16.2 NR PY76.8s
			69 – JAVELIN - GIRLS U-15	2	14.1 ()
18	KIRSTIN LEONG KHER TING	178	01 - 1500 M - GIRLS - OPEN	3	7.14 ()
			16 - 100 M - GIRLS U-18	1	14.2 ()
			28 - 400 M - GIRLS U-18	1	1.18.6 ()
			58 - High Jump-GIRLS U-18	1	1.34 NR PY1.25



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Free cold drinks were given out to all students courtesy of Milo. The Milo truck was parked behind the grand stand from 8.00 am onwards until the drink allocation of 1300 cups was finished.

**A big thank you to Nestle
Manufacturing (Malaysia) Sdn Bhd.**

Prefects	48
Red Crescent	46
Boys' Brigade	46
Yellow House	45
Scouts	41
Blue House	39
Red House	38
Green House	35

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Points for Team Marching





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FUN GAMES RESULTS

BOYS/GIRLS Tahun 1	1	BLUE
	2	RED
	3	YELLOW
BOYS/GIRLS Tahun 2	1	YELLOW
	2	GREEN
	3	BLUE





The St Joseph's Private School
English Drama Club presents



A play by David Campton
With additional materials by Stanley Goh, SJ

22 and 23 April 2016
Friday and Saturday

8pm

Mater Dei Auditorium, ACCPC,
St Joseph's Cathedral, Kuching

Tickets: **RM10**

Tickets available at the St Joseph's Private School Office
Tel: 082-414575, 082-420575

If we're so civilised, then why do people fight and try to hurt each other so much?

If the world's getting smaller and more connected, then why are we building more walls to keep people out?

Join the St Joseph's Private School English Drama Club as they explore these questions in their 2016 production, "Us and Them: A Story of Ours." By challenging themselves with a play that is both modern and abstract, the club hopes to introduce a different theatrical experience for the audience while raising important questions about people, communities and what causes them to come together or stay apart. ►

US them

A play by David Campton

The play portrays two groups of people that settle in an area. They agree, on practical grounds, to build a wall between the groups but they soon grow in suspicion and mistrust for each other as a result of the separation. This inevitably leads to conflict and the destruction of the good-will that the groups began with. This central story is interspersed with multimedia clips and dramatic scenes from our past and present that portray the reality that lies behind the meeting of the two groups. ○